

## **SAFEGUARDING ADULTS AND CHILDREN PATIENT LEAFLET**

### **ANY ABUSE IS WRONG**

- Physical: being hit, slapped, shaken, pushed, kicked or burned.
- Sexual: being forced to take part in any sexual activity without consent(including if the victim is one's partner)
- Psychological: being shouted at, sworn at, frightened or ignored.
- Financial: illegal or unauthorised use of a person's property, money, pension or benefit book or other valuables.
- Neglect: being deprived of food, heat, clothing, comfort or essential medication.
- Discrimination: being abused due to race, sex, disability, age, illness, religious beliefs or sexual orientation.

### **WHAT CAN I DO IF I AM CONCERNED ABOUT MYSELF OR SOMEONE ELSE?**

We understand that it is difficult to know what to do in this situation, but our advice will always be to tell someone you trust and tell them as soon as you can.

You can tell a friend, family member, your partner, a nurse, key worker or a doctor. You could also contact official authorities like social services or the police. Please see the contact numbers below.

PLEASE SPEAK TO A DOCTOR IF YOU HAVE CONCERNS OR FURTHER QUESTIONS.

### **USEFUL CONTACT NUMBERS:**

- POLICE – IN AN EMERGENCY ALWAYS CALL - 999
- POLICE – NON EMERGENCY NUMBER – 101
- POLICE DOMESTIC VIOLENCE UNIT (CITY OF LONDON PUBLIC PROTECTION UNIT) – 020 7601 2940
  
- CITY AND HACKNEY SOCIAL SERVICES – 020 7332 1224  
E-mail: [social.services@cityoflondon.gov.uk](mailto:social.services@cityoflondon.gov.uk)
  
- ISLINGTON ADULT SOCIAL SERVICES – 020 7527 2299
- ISLINGTON CHILDRENS SOCIAL SERVICES (Referral & Advice Team) - 020 7527 7400
  
- NATIONAL DOMESTIC ABUSE HELPLINE (FREEPHONE) – 0808 2000247 (24hr)
- LOCAL DOMESTIC VIOLENCE HELPLINE – 0800 056 0905 (FREEPHONE) 9.30am to 5pm MONDAY TO FRIDAY
- NIA PROJECT (working to end violence against women and children) - 0207 683 1270
- CHILDLINE – 0800 1111
- RAPE CRISIS (RAPE & SEXUAL VIOLENCE HELPLINE) FREEPHONE-0808 8029999
- VICTIM SUPPORT LINE – 0845 4503936